



Uphall Village Newsletter

The Community Newsletter of Uphall Community Council

Issue 7 2016

This newsletter is brought to you by your Community Council. We hope you will find it informative. We would like to thank those who have contributed to its publication, the local businesses for their continued support and the army cadets and volunteers who have helped to deliver the newsletters since its inception.

Irene Bishop

Chairperson

Uphall Community Council

The Community Council consists of a body of elected people who have a vested interest in the community in which they live.

Uphall Community Council meet on the third Wednesday of the month at 7p.m. in the coffee lounge of Uphall Community Centre. A warm welcome is extended to any resident who wishes to attend. Our local councillors also attend and take up concerns or complaints on our behalf and feed back to us. As a statutory body, they receive a small grant from the council.

We have had various representatives to discuss different issues which affect our local area. Karen Cawte (West Lothian Council) informed us of the relocation of the library. Representatives from Uphall Estates informed us of their proposed plans for housing and improvements to their business premises. David Lees (West Lothian Council) explained the council's position on flower beds in our locality. The police outlined the new community police arrangements.

This year there will be no hanging baskets on the standards in the village Main Street due to council cutbacks. If any local businesses would be willing to sponsor these then please get in touch with a community council member. There are three standards each holding two baskets.

Individual Community councillors also represent the Community Council at various meetings and attend training sessions.



UPHALL COMMUNITY COUNCIL Facebook page -has been set up since February and information is posted here as well as the Community Council notice boards in the Post Office and the Community Centre. If you have any concerns which you would like us to take up on your behalf then please contact us directly via Facebook, email, the suggestion box in the Community Centre or in person.

Thank you to the people who got in touch regarding the ownership of Ross's Walk, which we featured last year. We have had some success in finding owners but are still awaiting confirmation of the area this company own.

The Main Street

On walking down our Main Street, it is refreshing to see that almost all the business premises are occupied and that work is being undertaken on the remainder. Hopefully we will soon be in a position to say that we have 100% occupancy of all business premises.

The business owners are all taking a pride in the appearance of their premises which can only enhance our Main Street.

Unfortunately some of the residents are not taking the same pride in our village. Dog fouling, discarded chewing gum and litter can still be seen not only on the Main Street but in all surrounding areas.

Discarded bottles are not only dangerous to children they are also dangerous and potentially costly to dog and cat owners who face hefty vet's bills when their pets cut their paws on broken glass.

It is easy to blame children and youths for this but how many of us have witnessed grown ups, who should know better, discarding their rubbish instead of holding onto it until they reach a litter bin. If everyone disposed of their litter properly then we could all take a pride in our surroundings.



**** KEEP UPHALL TIDY ****



Your Community Councillors



Irene Bishop

Chairperson

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Jeanette Cumberford

Vice Chair



Lynne McEwen

Secretary

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Fraser Graham

Treasurer

fraserevelyn@aol.co.uk



Gerald Paisey

Planning Secretary

ghjpaisey@tiscali.co.uk



Irene Jones

irene1jones@btinternet.com



David Flight



John Campbell

veraandian@talktalk.net

You can contact any of your Community Councillors if you have any issues relating to our area.

We will bring these issues to the table and try to get them resolved.

You are welcome to attend any Community

More memories of Uphall in the 1920's and 30's

From Margaret Wilson (nee Thomson)

Born 4 December 1921.

Hawthorn Place in the 1920's and 30's ran along the same road as it does today, leading to St Andrews Court – there were other houses where St Andrews Drive now stands. These houses were probably rented out by private landlords. By the 1930's many of these were in a state of disrepair.

There were no local authority houses until the mid -30's when Wyndford Avenue and Crossgreen were built. Those residents must have been glad to move into these new houses with all mod cons inside. The houses at Cardross were built about the same time.

There were one or two very handsome houses at that time which are still standing today. One was The Thorns where Mr John Smith lived. He owned a draper's shop in Broxburn. Living close to the golf club, with many opportunities to practise, his large family all became good golfers. Another was Elmbank house at Miller's Bridge. This Victorian villa was owned by Scottish Oils and let to the manager of Uphall station oil works. The last manager was Mr W. Wilson who also became a local councillor. Wilson Terrace in Broxburn was named after him. Elmbank is now divided into flats.

There were other fine houses in Forkneuk Road, leading to Forkneuk farm which was farmed by the Peat family and later the Wilson family. The fields are now covered by the houses at St Andrews Drive etc. Crossgreen farm on the Ecclesmachan Road was owned by the Buchan Estate at Almondell. It was farmed for many years by the Potter family. The farm was eventually given up and Thomson Court and Grove were built in the 70's on the farmland.



As children we would stand at the white gates (now the start of St Andrews Drive) and watch for a train(called "the pug") coming from Uphall Station. It took miners to work at the shale mines in Niddry and Winchburgh. There was a signal box manned by Sammy Shade, who was clearly visible pulling levers to alter the signals and open and close the white gates. I think "the pug" also stopped to pick up miners who lived in Uphall and Broxburn. The railway ran past the Binny Quarry and the Blue Quarry. When the line was lifted it made an excellent walk for walkers with, or, without a dog. One line crossed under the bridge just before the entrance to Binny House. Another line crossed Ecclesmachan Road just beyond Strathbrock Church and went via Carledubs to Dargai Heights (Newbigging Craig). Later it was also a lovely walk with many wildflowers and lovely views east towards Edinburgh and the Pentlands.

Police Scotland



There have recently been changes to the community team covering the Broxburn and Uphall area. The two Community Officers attached to this area are Paul Hart and Peter Robertson. The West Lothian Community Officers will be overseen by Colleen Hope with Inspector Scott Robertson as area Community Inspector.

The Community Officers will be contactable by e-mail
BroxburnUphallWinchburghCPT@Scotland.pnn.police.uk
Peter.Robertson@Scotland.pnn.police.uk
Paul.Hart@Scotland.pnn.police.uk

OR

Through the **101 telephone number**, by letter or alternatively by **calling into the station**.

At present there are no plans to reinstate the monthly drop in service which was previously available at the car park of the Community Centre.

A School Link officer for Broxburn Academy has been introduced and that role has been taken up by Constable Neil Hunter.

A Community Action Team has also been introduced to our area. This ten man team has already been in action in light of a spate of vandalism in the Burnside area of the village.

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Christmas Light Switch On

Once again bad weather played a part in the local Christmas switch on celebrations. The Torchlight Parade and the planned switch on arrangements for Broxburn's tree were cancelled but in Uphall we were able to carry on from the comfort of the Community Centre.

Those who turned out for the occasion were rewarded for coming out in such bad weather by excellent entertainment. Children from Uphall Primary sang carols and a Polish Choir and Jazz Band also performed. We have to thank Gordon Connolly for arranging this wonderful addition to our evening's programme.



Jonathan Moore, a very busy Rotarian, who serves the community of Uphall and West Lothian in many different ways was asked to switch on the lights this year.

Jonathan is the person behind UPHALL ON THE WEB where he posts the minutes of the Community Council and helps in the preparation of this Newsletter. Over the years he has been a member of the Community Council and Community Centre Management Committee, he has helped with the Gala Day as well as being involved with Linlithgow Folk Festival.

After making a short speech, he invited community stalwarts Myra MacPherson and Irene Bishop to join him in pushing the plunger.



Uphall Community Centre

The Community Centre continues to be a well used facility in the village. The Management Committee lease the building from West Lothian Council who provide the staff. They meet monthly to discuss centre business, agree lets, policies, maintenance and the centre programme.

The Management Committee also agrees grants to groups whose aims reflect the aims of the constitution of the centre. They approved the funding which provided summer play schemes over the last few years. The entertainment and wine for the pensioners Christmas dinner is also funded by the Management Committee. Funding was approved to support youth football teams at Broxburn United Sports Club. The Management Committee has agreed to fund the provision of Wi Fi at the centre. It is hoped this will enhance the experience of the various groups who use the centre.

Recently someone expressed an interest in starting an art group which is now up and running. If you are interested in an activity which is not currently on the programme then please get in touch.

Since April there has been changes to the way the centre is being staffed. This is due to reorganisation, by the council, in the way they provide services. Staff will be available, at certain times, to help with a different range of council services as well as the normal activities of the community centre.

The Community Centre is available for private functions but at least 14 days notice is required for any let to ensure that staffing can be arranged.

If you wish to make any enquiries please contact:

Linda Sayers Tel:- 01506 857356
e-mail:- linda.sayers@westlothian.gov.uk

Update on Broxburn Library move

Last year the council agreed that it wanted to relocate Broxburn Library to the Strathbrock Partnership Centre. The main reason for doing this was to create a one stop shop for council services in the area. Following engagement with staff and communities, detailed plans have now been agreed and work is scheduled to start at Strathbrock in early June 2016. A number of office moves will take place in the building to create the space on the ground floor to accommodate the library and Customer Information Service.

The library will be due to relocate at the beginning of October 2016. As part of the project, the architect has been working with the woodworking group based at Strathbrock Community Centre to create bespoke furniture for the children's library. This will ensure that the library is unique and will have the support of the community that it serves. A new space for the community museum will also be created in the Partnership Centre.



The BUSY Project

The BUSY Project is an initiative of the BASICS Trust in partnership with SU Scotland and local churches.

The BUSY Project is funded by the local community, local churches, The Robertson Trust, Foundation Scotland, ASDA Carrier Bag Community Grants administered by Foundation Scotland and Comic Relief, through Foundation Scotland and Youthlink Scotland.

We have been in operation for over 10 years and work with young people in the Uphall and Broxburn area helping them reach their God-given potential. We offer a range of activities, event, groups and programmes for young people between the ages of 10 and 18 in the local community.

We regularly interact with dozens of children through our activities which take place in the local churches, The Open Door cafe as well as Broxburn Academy. Examples of the activities in operation during the school week are Pizza Tuesday, which takes place during lunchtime in Broxburn Academy and The Mine, Feed and Chat and the Youth Café all taking place in the Open Door, East Main Street, Uphall. During the Easter holidays we have run a Masterchef night and a Mega Café and we will be running activities for young people during the summer holidays. To find out more about The BUSY Project please visit our website.

Uphall Children's Gala Day

This year's Gala Day will be held on Saturday 11th June. The parade will leave Uphall Primary at 12 noon and make it's way to King George V Park for the crowning, presentations and races.

This year the main characters are

Queen - Kayla Black

Ladies in waiting - Rebecca Lumsden, Iona Steele

Queen of Fairies - Alexa McWilliams

Page boys - Calvin Sneddon, Nathan Hutchieson

Sceptre Bearer - Daniel Laing

Herald - Ethan Bouayoune

Crown Bearer - Eoghan Lumsden

The Gala committee once again would appreciate all offers of help. If you are able to help in any way please contact Carol Waugh as soon as possible. Gala days have been a tradition in the village from at least the 1930's as this photo shows.



It fell by the wayside a number of years ago but was reinstated a few years later. Latterly it has been very difficult to get people interested in joining the committee. Although the council do give a grant, fund raising is required and this is one area where a number of people are needed. The more people who are willing to join the committee the better the gala day will be. Please think about coming forward to offer your services so that this tradition can continue and the families of Uphall can still enjoy it.

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More Memories of Uphall in the 1920's and 30's

From Margaret Wilson (nee Thomson) born 4 December 1921

Pearl Burrows ran a ladies and children's Hairdressing Salon where the Barber Shop now stands.

Pearl was a strong character who lived with her mother and a Pekinese dog above Nelly Russell's Baker Shop. This building was demolished many years ago. Pearl moved to a bungalow she had built opposite Burnside Road.

As well as running her business single handedly Pearl was a fine elocutionist and in great demand to entertain people. She also produced many 3 act plays for Broxburn West Church Dramatic Club.

Her sister was matron of Glasgow Maternity Hospital and was on the Board of Examiners for nurses training in Midwifery.

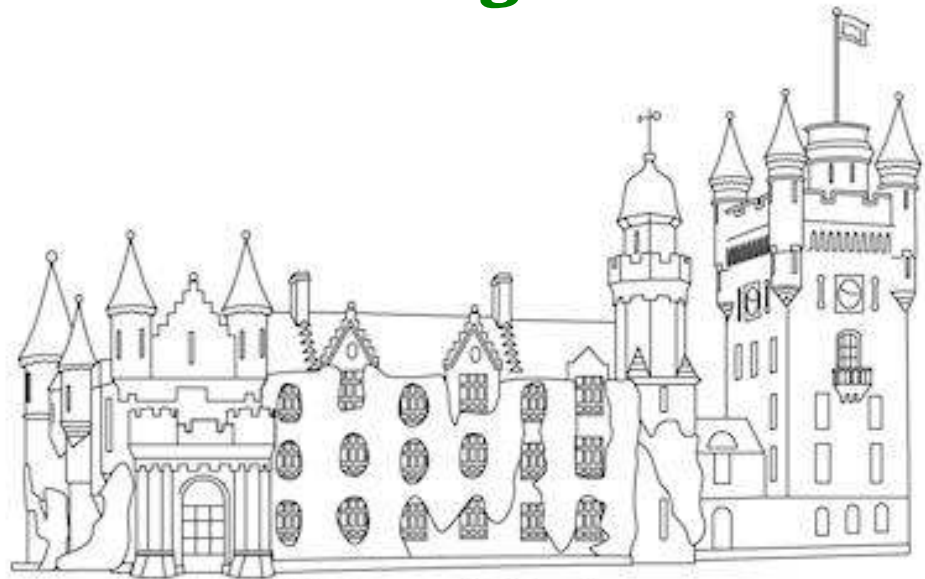
The two sisters travelled widely for holidays. Once, while holidaying in Hong Kong, they noticed that everyone had disappeared from the street they were in. They walked on and soon found the reason- a typhoon was approaching and people had been advised to head for Typhoon Shelters. Not something you had to worry about in Uphall!



UPHALL COMMUNITY COUNCIL Facebook page

Children's Page

The Queen celebrated her 90th Birthday this year. She often holidays at Balmoral Castle in Scotland so we have included a picture of the castle for you to colour.

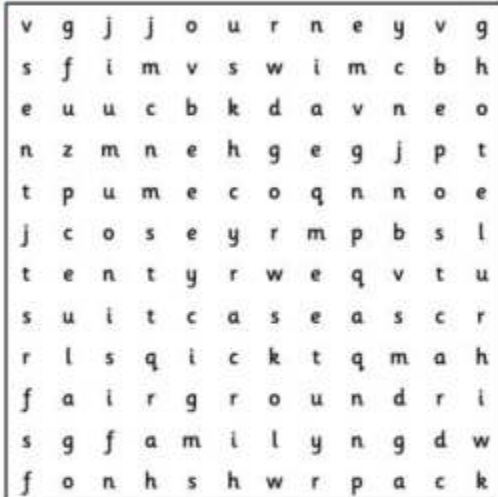


Balmoral Castle

Fairtrade Chocolate Crispy Cakes



Summer Holiday Word Search



- | | | | |
|------------|---------|------|----------|
| fairground | family | fun | hotel |
| icecream | journey | pack | postcard |
| suitcase | summer | swim | tent |

- 225g Margarine or Butter
- 75g FT Sugar
- 100g FT Golden Syrup
- 100g FT Cocoa powder

30 (or so) handfuls of crispy rice-based cereal (the sort that which-pops and fizzles). Corn flakes, or puffed wheat can be used instead). Fairtrade if you can find it.

Heat the margarine or butter in a large sauce-pan and add the sugar and the syrup. Heat gently until it's mixed and melted. (Warning fat/sugar/syrup mixes can get quite hot)

Add the cocoa powder to the mixture and stir until thoroughly mixed.

Remove from the heat and bit by bit add the crispy rice cereal stirring well until it's all mixed in and covered with the chocolate mix. Avoid the temptation to mix in too much cereal to make it spread too far – it needs to have enough chocolate mix to bond it all together.

Put a spoonful of the mix into a cake case and put in the fridge until cold and set.

Enjoy with friends.

Local talented Teenager



It has been a busy year for local teenager Lewis Carlyon. Last November he auditioned for "The Stars of Scotland" at the Royal Conservatoire in Glasgow and made it through to the final. This was held at the Ballerup hall in East Kilbride in February. He sang, "Bring him Home" from the musical Les Miserable and came first in his age category.

Earlier this year he returned to America to attend his second Celebrity Experience where he had more training and celebrity workshops.

On his previous visit he won, Star of the Year and this year he won, best monologue.

Lewis has also been involved with other local secondary pupils from Broxburn and St Margaret's Academies in the "West Lothian Far From Ypres" concerts. This concert is going to be performed at Edinburgh's Fringe Festival this summer.

He has registered with an agent in Glasgow and is excited to see what the future holds for him. We wish him well.

Village clock

The village clock can be found on Muir's Building on the Main Street. At the time of writing it is a clock with no hands and has been for some time. The clock had stopped working and several people complained to the Community Council. We reported it to the Council as being in need of repair. Initially there was uncertainty as to ownership however this was settled and the Council arrived to repair it and the hands were removed at that time. Unfortunately access to the mechanism was a problem which the Council have now managed to sort out. The latest update from the Council is that repairs should be carried out soon so hopefully by the time this newsletter is delivered we will have a working Village clock again

Middleton Hall Bowling Club host various entertainment acts throughout the year. Forthcoming attractions can be found via their website, Facebook page and posters.

These evenings are open to members of the public as well club members.

Flower beds

David Lees from the Council Nets team (ground maintenance) attended a Community Council meeting to explain that due to West Lothian Council cut backs unfortunately they are no longer able to plant the flower beds.

The Council intended to grass these over to cut back on costs but David asked if the Community Council would be interested in becoming responsible for flower beds in Uphall. After much discussion it was agreed that we would accept responsibility for the flower bed at the traffic lights on the Ecclesmachan Road as we felt this was a focal point in the village.

We have managed to secure the services of The Brock garden Centre based at Strathbrock Partnership centre to prepare and plant the bed and are at present trying to source the 400 plants we require. We are also trying to secure funding to enable us to continue to enhance the village.

Any help or suggestions will be gratefully received.



UPHALL COMMUNITY COUNCIL
Facebook page

Our Prices	Opening Times	The Wee Barber Shop
Adults £9	Tue 10am - 6pm	East Main Street
Kids (under 12) £6	Wed 10am - 2pm	Uphall
OAP's £5	Thu 10am - 7pm	
Traditional Hot Shave £10	Fri 10am - 5pm	No appointment necessary
	Sat 9 am - 2pm	

Airspace Trial

In last year's issue we made you aware of the Airspace trial which was to start in June. In light of the complaints being made through the media, the chairs and secretaries of the local Community Councils met in August to discuss this matter and how best to handle this so that all complaints could be properly logged. We issued a joint statement advising people to make complaints on the airport's dedicated site.

The Airport held an information evening to which Community Councillors were invited. The chairperson also had a meeting with two members of the airport staff to discuss the main concerns of local residents.

The Community Council intended to wait until the trial was finished and then conduct a survey however, due to the number of people making complaints to the local councillors and MSPs a survey was carried out by Fiona Hyslop. Some of the areas covered by this survey were Uphall, Broxburn, Ecclesmachan, Linlithgow and Blackness. As the trial was stopped early and a survey had been carried out we saw no need to carry out our planned survey.

We have now received a copy of the survey, the Airspace Trial Results and the Noise Report from the independent company.

The People's Memories Cafe

This cafe is one of 9 dementia cafes in West Lothian which are run by teams of local volunteers supported by Alzheimer Scotland in partnership with local organisations and financial support from West Lothian Council. The cafes have been set up to provide a safe and friendly place where people with dementia, together with their carers, can meet others in a similar situation and can enjoy refreshments, support, activities and good company.

The volunteers will chat to the visitors and help with various activities; this might be musical bingo, reminiscence about "days gone by", quizzes, craft work, singing. Sometimes there might be visiting entertainers, or seated exercises. All activities are optional and people are welcome to sit quietly or chat instead. An Alzheimer Scotland project worker is on hand to provide carers with information and advice if required.

The People's Memories Cafe in Uphall meets on the fourth Tuesday of the month, 11-12.30, in the lounge of the Bield's, St Andrew's Court, 20 Hawthorn Place. In addition to people with dementia and their carers, anyone who would like to share memories of "days gone by" is also welcome to attend. The next meetings are 24th May and 28th June.

Why not come along and enjoy "a cuppa", delicious home baking kindly provided by Bield's kitchen, fun activities and good company! There is no need to book and you are welcome to come for the whole time, or just to pop in as it suits you.

If you would like more information please contact Sally Stockbridge, Cafe Project Worker, Alzheimer Scotland, 01506 533 112

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New Slim Bins

We have all been notified that West Lothian council will begin changing the 240 litre bins for smaller 140 litre bins. Starting in May these will be phased in area by area, all West Lothian residents should have received replacements by the beginning of 2017.



All Councils have to comply with landfill and recycling targets set by the Scottish Government and the European Waste framework Directive. From 2021 no biodegradable materials can be accepted into Scottish landfill sites.

The changes are designed to encourage residents not to put waste which can be recycled into the grey (landfill) bin. This will help the Council to meet Government targets and should also help to save £238,000 per year. The grey and blue bins will still be collected fortnightly and the assisted collection service will still be available.



200 glass recycling bins have been introduced throughout West Lothian. They are in various locations throughout the village so no one should have to travel far to recycle glass.

Uphall Golf Club's Junior under 18 team in Andalusia, Spain

As Linlithgowshire league winners, the team took part in a series of regional qualifying events against other Scottish league winners, culminating in the Scottish finals of the British Junior Golf championships at the Kings Course, Gleneagles in October 2015. The team qualified as runners-up to champions, Murrayfield Golf Club from Edinburgh.

As a result of this success these two teams represented Scotland in the Junior Golf Home Internationals in Antequera, Andalusia in March. They competed against national winners and runners-up from England, Ireland and Wales.

A series of fund raising events was held to give the boys a chance of a lifetime, There was fantastic support from sponsors, Uphall Golf Club members and the local community, with significant funding from the Junior Team's main sponsor, lawyers, Aberdeen Considine. The team members also contributed by taking part in bag packing, a car wash, holding a race night and ran a Texas Scramble golf event at the club. The Club and especially the Junior squad, would like to thank everyone in the local community for their support..

The funding target was achieved and the team went to Spain looking great and proud to represent Scotland. The team battled hard but came up against strong opposition in the competition. The Welsh champions, Vale of Glamorgan winning the tournament in the final against Murrayfield.



The Uphall Junior team in Spain was, Jack Cummings (Captain), Craig Tibbets, Tommy Gheel, Scott McKinnon, Jordan Stein, Euan Valentine, Campbell Anthony, Liam Thomson and Owen Abu-Baker.



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West Lothian Far from Ypres

Last year we reported on the success of this show. Earlier this year it was performed again in Bathgate Regal and is now heading for Edinburgh's Fringe Festival in August.

It will be performed under the name of

"There was a Soldier" and tells the story of Uphall and the surrounding area, including Bangour as a major War Hospital, during the First World War. All performers are from West Lothian, from teens to 70+, and bring local history alive through story, songs, slides and poetry.

The venue will be **Stockbridge Parish Church** and the show can be seen on the **16th** and **17th** **August** at **3.00pm** and **7.00pm**.

Tickets (£12/£10) will be on sale soon from the **Fringe Office** or **Dechmont Post Office**.

This show certainly showcases the wealth of talent from West Lothian.

Uphall Community Council wish the cast every success in this venture.



Services for business and the community

Business Gateway Start Up Service

Free one-to-one business advice on all aspects of starting a business including analysing business idea potential, help to prioritise actions to start your business, explore funding and creating a business plan.

Business Gateway Growth Service

Free business advice on growing a business including business planning and strategy, finance and cash flow, exploring sources of finance/funding at local and national level, free unbiased signposting services.

Business Gateway Information Service

Business information aims to provide a wide variety of information support including property searches, business fact sheets, social economic data and market research assistance for businesses.

Prince's Trust Youth Business Scotland

Youth Business Scotland can help you make your business idea a reality by offering advice, mentoring support and funding. Supporting young people aged 18 to 30 years old to start-up and grow in business. They are a vital support to young people interested in entrepreneurship.

Access2employment

Access2employment is an employability service to help local residents into employment, training or education. Experienced Employment Advisors can assist you with CV preparation, cover letters, interview techniques and job applications.

The Advice Shop

The Advice Shop is a free, confidential service open to anyone who lives in West Lothian. They provide advice and assistance on benefit entitlement, appeals, managing debt, energy advice, rent arrears and landlord disputes.

Free Internet Access

We have 6 public access computers with free internet access. They are available for business and job search use with no time restrictions (subject to availability).

IT Buddies

IT Buddies are available twice a week to help with Universal Job Match, job search websites, preparing documents, online safety, email accounts and much more.

Our opening hours are:

**Mon, Tues, Wed, Thurs: 9.30am - 1pm
2 - 4.30pm**

Fri: 9.30am - 1pm and 2pm - 3.30pm

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Food delivery service for senior citizens



The Food Train is a charity which provides a grocery delivery service to older people in West Lothian.

The Food Train is open to people over the age of 65 living in West Lothian who have difficulty doing their grocery shopping due to ill health, disability, frailty or mobility problems.

Customers complete a blank shopping list which is collected by a volunteer who leaves them with a blank list for the next order.

The shopping is completed and delivered by a volunteer on a nominated day. The shopping is delivered in a box and unpacked.

The customer, on receipt of the shopping, pays the cost of the shopping plus a delivery charge of £3.

It costs £1 for a one year's membership.

Contact 01506 413013 for further details

St Nicholas Church

Strathbrock Church has 2 church buildings, St Machan , Ecclesmachan and St Nicholas in Uphall. There is also a church hall in Thomson Court. Sunday services are held at 10.30 am, alternating monthly between St Machan and St Nicholas church buildings. Messy Church events for young people and their families are regularly held at 12.00 noon on a Sunday in the church hall.

There are many activities held in the church hall. The Girls Brigade meet in the church hall on Monday nights and the Boys Brigade meet on Thursday nights. Both companies are very active and popular with young people.

Along with Uphall South Church a holiday club is organised in the summer holidays. Other activities include Facegroup (men's group), the Guild and flower arranging: all these are held on Tuesday evenings. There are also prayer groups and house groups and on occasional months, Bible study linked to particular films.

The popular Thrift Shop is held on the first Friday of the month in the church hall and will be on during the first week of July. A craft fair will be held in the church hall at the beginning of October and an Easter craft fair in the spring. The Christmas Fair will be held at the end of November in the Church Hall. For all information please see the church website www.strathbrockparish.net and the Strathbrock Church Facebook page.

Uphall South Church

Church Services every Sunday September- June **11 am**. *July -August - Morning Service 10.30 am*

Sunday Stars (age 3 -P5) in the church hall

Sunday Club (P6-S6) meet in the Open Door

Crèche in the small meeting room in the church

On the 2nd Sunday of each month from September to June there is an evening service in Dechmont Memorial Hall.

On the 2nd Sunday of each month from September to June refreshments are served in the church from 10.30 am. - 10.55 am.

Messy Church is on the 4th Sunday of September, November, January , March and May from 9.45 a.m.- 10.30 am

On the 4th Sunday of each month refreshments are served in the hall directly after the service

Activities

Rainbows meet on Mondays from 5.45 - 6.45 p.m.

Guides meet on Mondays from 7-9 p.m.

Bible Study Groups

Monday in the small meeting room 2.00 3.30pm and Open Door from 7.30 - 9.00 p.m..

Tuesday in the small meeting room from 7.30 9.00 p.m.. and Open Door from 7.30 9.00 p.m.

Church History Group meet in the hall from 10.30 -noon on Tuesdays

The Prayer Group meets in the small meeting room at 9.30 a.m. on Wednesdays

The Busy Project meets in the hall from 3.30- 5.00 p.m. on Wednesdays and Thursdays from August -June

Coffee Mornings run each Saturday from September to May from 10.30 - noon

Open Church on the first Saturday of each month from 10.30 -noon

US Men meet monthly on a Friday from 7.30 p.m.. - 9 p.m.

Care and Friendship Group - Cuppa and Chat on the third Wednesday of the month from 2 p.m. - 3 p.m.

Craft and Ladies Group meet on the first Thursday of the month from September -June and weekly during July and August from 7.30- 9 p.m.

Bogus callers and rogue Traders

At Community Council meetings the Police are constantly reporting people being targeted by bogus workers and /or rogue traders.

West Lothian Council Trading Standards and Police Scotland are working together to tackle these crimes. Bogus callers pretend to be authentic callers such as employees from the council, gas or electricity boards or water companies and say they need to get in to make repairs. They are convincing liars and once inside they attempt to steal cash and valuables.

They can also target people by phone claiming to be from a company that you may deal with and try to get bank details. It is always worth asking them to call back at a later time thus giving you time to check with the company to find out if it is a genuine call.

Rogue traders carry out shoddy , sometimes unnecessary work for inflated prices.

Older residents are the main targets for these people.

Their advice to stay safe is:

- **Keep** front and back doors locked
- **Fit** a door chain/ bar and use it
- **Only** deal with callers by appointment
- **Always** ask for identification and check it carefully
- **Do not** keep large sums of money in the house

Identity Cards

These should be carried by all workmen but you have the right to refuse entry to your home. If you have any doubt about the workman ask for the identification card, take it and call the number on it to check, before allowing entry.

You can promote **No Cold Calling** by displaying the card issued by the Community Council (we still have some available if required) and asking the caller to return at an agreed date/time and have a trusted person with you if necessary.



Useful Telephone Numbers

Police

101 (non emergency number)
999 (emergency number)

Hospitals

St John's Hospital, Livingston 01506 523000
Edinburgh Royal Infirmary 0131 536 1000
Western General, Edinburgh 0131 537 1000
NHS 24 08454 24 24 24

Health Centre (Strathbrock Partnership Centre)

The Linden Practice 01506 771771
Ferguson Medical Practice 01506 771700
The Wood Medical Practice 01506 771800

West Lothian Council

All Enquiries 01506 775000
Uphall Community Centre 01506 854451

Schools

Uphall Primary School 01506 852516
St Nicholas Primary School 01506 853509
Broxburn Academy 01506 282300
St Margaret's Academy 01506 497104

Local Councillors

Tony Boyle 01506 281704
Diane Calder 01506 281706
Janet Campbell 01506 281706
Alex Davidson 01506 281704

Churches

Strathbrock Parish Church 01506 856433
Uphall South Parish Church 01506 852788
Broxburn Baptist Church 01506 857092
St John Cantius and Nicholas 01506 852040
New Life Christian Fellowship 07564054377

Local Web Links

Uphall Community Council - www.ucc.org.uk
Uphall CEC - www.uphallcommunitycentre.co.uk
Uphall On The Web - www.uphall.org
Uphall Primary - www.uphall-primary-school.com
Broxburn Academy - www.broxburnacademy.net
Uphall South Church - www.uphallsouthchurch.org.uk
New Life CF - www.newlifecf.org.uk
Strathbrock Parish - www.strathbrockparish.net
The BUSY Project - www.thebusyproject.org.uk
Broxburn and Uphall traders - www.buta.org.uk

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